

REDEFINING HOLISTIC MEDICINE ON A GLOBAL PLATFORM

Dr. Nav Raj Bhatta
BNYS, PGDAC, MD



PROFILE OVERVIEW

Dr. Nav Raj Bhatta is a globally recognized Integrative Wellness Leader with over two decades of international clinical, academic, and wellness leadership experience.

His work reflects a rare balance of medical precision and holistic intelligence—integrating time-tested traditional healing systems with modern, evidence-informed wellness science.

Renowned for his personalized, root-cause-oriented care philosophy, Dr. Bhatta delivers integrative healthcare that emphasizes preventive care, sustainable vitality, and long-term health outcomes. His approach bridges ancient wisdom with contemporary practice, empowering individuals to achieve lasting well-being.

PROFESSIONAL, ACADEMIC & WELLNESS LEADERSHIP

- ▶ Medical Graduate – Rajiv Gandhi University of Health Sciences, Bangalore
- ▶ Advanced Training – Yo San University, Los Angeles, USA
- ▶ Wellness Management Leadership – OneSpaWorld, Miami, USA
- ▶ Founder – Inchara Ayur Care Hospital, Bangalore
- ▶ Former Professor of Integrative Medicine – Uttaranchal Ayurvedic College, Dehradun
- ▶ International Advisor – Jingwell Academy of Education & Research, Maharashtra, India
- ▶ “Divine Doctor” Distinction – Lions Club, Dehradun | COVID-19 Humanitarian Leadership
- ▶ Global Clinical Mentor – 200+ TCM Physicians | International Luxury Cruise MediSpa Sector

CORE SPECIALTIES & CLINICAL FOCUS

- ▶ Integrative Naturopathy, Yoga, Acupuncture & Lifestyle Medicine
- ▶ Preventive & Restorative Wellness Care
- ▶ Root-Cause-Oriented Pain Management
- ▶ Stress, Burnout & Psychosomatic Conditions
- ▶ Digestive, Metabolic & Lifestyle Disorders
- ▶ Women's Health & Hormonal Balance
- ▶ Personalized Long-Term Wellness Programs



ADVAIT HOLISTICS
THE HEALING HEAVEN

*“Healing individuals restores health.
Guiding healers reshapes a healthier world.”*

— Dr. Nav Raj Bhatta